

## Backpacking Packing List

Personal Gear	Packed?
Backpack	
Backpack Cover	
Ziploc Bags or Scrunch Sacks for Clothes	
Sleeping Bag	
Sleeping Pad (Highly Recommended)	
Pillow (Optional)	
Sleeping Clothes (T shirt & Gym Shorts) (No Cotton)	
Hiking Boots	
Camp Shoes (Closed Toed Comfortable)	
Hiking Socks (Wool) (3 Pair Total)	
Inner Socks (Personal Choice)	
Underwear (2 Pair) (No Cotton)	
Hiking Shorts (2 Pair)	
Long Pants (Or legs to one pair of scout shorts) (Weather Dependent)	
Class B Shirts (2 - Moisture Wicking Recommended)	
Class A Shirt (Will Not Go On Trail)	
Hat - Sock Hat / Brimmed Hat (Weather Dependent)	
Poncho / Rain Jacket	
Plate / Bowl (Frizbee is a nice combo)	
Spoon or Spork	
Small Lightweight Cup (Optional)	
Nalgene (4 minimum) (Wide Mouth Preferred)	
Pocket Knife	
Matches	
Flashlight (Small Headlamp Recommended)	
Compass - Quality	
Bandanna / Handkerchief (Optional)	
Chapstick (Optional)	
Toothbrush	
Small Camp Towel (Light Weight)	
Sunglasses	
Smellable Bag (Ditty Bag)	
Journal / Pen	
Personal Tarp (2' x 2' to sit on)	
Watch (Optional)	
Medications (If Needed)	
Spending Money (For Travel)	